

NON-VIOLENT RESISTANCE (NVR) PROGRAMME FOR PARENTS



Some Parents/Carers can find it difficult to deal with aggressive, controlling or abusive behaviours from their children. If you have to 'tiptoe' around your child/teenager out of fear, then this programme might be of help to you.

Dates	Starting Wednesday 5th March 2025 (5 th , 12 th , 19 th & 26 th March, 2 nd and 9 th April)
Venue	BARNARDOS 24 Askea Lawns, Tullow Road, Carlow R93 R9W2
Time	10am to 12 noon
Cost	Free

**For further information or to book a place, please contact
Barnardos on 059 91 32868**