

Foróige's Big Brother Big Sister Programme

"I would like to be a big sister when I am older so
that I can help out someone else"

Little Sister

"I have met a true friend in my big brother"

Little Brother

"He is a wonderful addition to his life"

Parent

"The programme has been great for my daughter"

Parent

It's about sharing, fun, laughing,
learning & friendship!



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ciste na
gcuntas diomhaoin
the dormant
accounts fund

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Young Person & Parent Brochure





What is Big Brother Big Sister?

It's an internationally renowned youth mentoring programme that forms friendships between an adult volunteer & a young person who will benefit from extra support.

How does the programme work?

A staff member works closely with a young person and their parent/guardian to match them to a big brother/sister based on similar interests, hobbies and complimentary personality traits. The staff member will also match the identified needs of the young person to the specific strengths & abilities of the volunteer.

What activities do they do?

Together the volunteer & young person decide on the type of activities that they want to do. Go for coffee, play sport, arts & crafts, go to the cinema...

What support is offered to us?

You will be assigned a staff member who will support you throughout the life of your match. This staff member will contact both the parent & young person regularly & you can contact them with questions and/or concerns.



Who are the young people?

They are between 10 - 18 years who would benefit from developing a friendship with a caring adult outside of their family.

Who are the Volunteers?

They are adults from the community, like yourself. They come from all walks of life & bring their interests & experience to the friendship. They are carefully screened & receive training before the friendship begins. They receive support & guidance from a staff member throughout the friendship.

What is expected of Volunteers?

Volunteers are asked to share one to two hours a week with their little brother / sister. The initial commitment is for one year.

What is expected of me and my son/ daughter?

To be open to making plans with the volunteer on a weekly basis. Parents are asked to be supportive of the friendship. It is necessary for the young person & parent to meet with the staff member regularly.