




South East
Community Healthcare



**Supporting
Pregnant Women
to Quit and
Stay Quit**

**Right Care. Right Place.
Right Time.**

**The South East Community Healthcare Stop Smoking Service is a
FREE and supportive service for pregnant women who want to
Quit Smoking**



Your local stop smoking clinic offering free one to one support for pregnant women and their families is

Location: **Shamrock Plaza, Carlow**

Day: **Tuesday 9am - 3.30pm**

Contact Number: **087 451 8176**

Scan the QR code to
register for a call back

Or Contact:

Southeaststopsmokingsupport@hse.ie



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